



# X-treme Gymnastics Team Summer Parades

The X-treme Gymnastics Team will participate in the following summer parades. All Team families are expected to attend. More information to follow closer to the parade dates. Team Practice is cancelled July 7.



**Middleburg Heights Parade**  
**Saturday, July 7 @ 10:00 AM**

**Brook Park Homedays Parade**  
**Sunday, July 15 @ 12:30 PM**



- A PARENT MUST WALK WITH ANY GYMNAST UNDER THE AGE OF 11; however, all Team parents are encouraged to attend the parades. Parents are recommended to carry a water bottle for their child(ren).
- DRESS CODE: All parents/siblings MUST wear black and/or purple attire. Team members are to wear their new 2018-2019 X-treme Gymnastics practice leotards with black/purple spandex shorts over top. The new practice leos will be in by July 2nd. All gymnasts must wear tennis shoes (NO flip flops).
- To sign up please email us at: [xtreme6@roadrunner.com](mailto:xtreme6@roadrunner.com)