

X-TREME TEAM PRACTICE SCHEDULE - SUMMER 2024 (June 3-Aug. 17)

GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
A	10:00 AM-2:00 PM	10:00 AM -2:00 PM	4:00-8:00 PM	4:00-8:00 PM	G Y M C L O S E D N O C L A S S E S	8:30 AM -12:30
	10:00 AM-2:00 PM	10:00 AM -2:00 PM	4:00-8:00 PM			8:30 AM -12:30
B	10:00 AM-2:00 PM	10:00 AM -2:00 PM		4:00-8:00 PM		8:30 AM-12:30
C	10:00 AM-2:00 PM	4:00-8:00 PM	4:00-8:00 PM			8:30 AM-12:30
		4:00-8:00 PM	4:00-8:00 PM			8:30 AM-12:30
D		10:00 AM -2:00 PM	4:00-8:00 PM	4:00-8:00 PM		10:30 AM-2:30
E	10:00 AM-2:00 PM	10:00 AM -2:00 PM		4:00-8:00 PM		10:30 AM-2:30
	10:00 AM-2:00 PM	10:00 AM -2:00 PM		4:00-8:00 PM		
F	10:00 AM-2:00 PM		4:00-8:00 PM		10:30 AM-2:30	
G		5:45-8:00 PM		5:45-8:00 PM	8:30-11:00 AM	
H		4:00-6:15 PM		4:00-6:15 PM	8:30-11:00 AM	

GROUP REMINDER: Practice groups determine your practice SCHEDULE (not your level). Groups are based on your CURRENT skill level and progressions. **Groups are SUBJECT TO CHANGE AT ANY TIME.** Team families should be prepared for any possible group and/or schedule change.

LEVEL REMINDER: Levels are evaluated and officially determined late summer (approximately mid August). Each GYMNAST determines their own level based on their consistent skills, work ethic, and mental readiness. Always give 110% and you will always be a champion!

TUITION REMINDER: Tuition is due on or before the 15th of each month (paying ahead for the next month). *Late payments incur a \$20 late fee (no exceptions).*