

# X-TREME TEAM PRACTICE SCHEDULE - *JUNE 2-AUGUST 16, 2025*

GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>A</b>	9:00 AM-1:30 (6/2: 4-8:30 PM)	3:30-8:00 PM		3:30-8:00 PM		9:00 AM-1:30
<b>B</b>	9:00 AM-1:00 (6/2: 4-8 PM)		4:00-8:00 PM	3:30-7:30 PM		9:00 AM-1:00
<b>C</b>	9:00 AM-1:00 (6/2: 4-8 PM)	4:00-8:00 PM	4:00-8:00 PM			9:00 AM-12:30
		4:00-8:00 PM	4:00-8:00 PM			9:00 AM-12:30
<b>D</b>	9:00 AM-12:30 (6/2: 4-7:30 PM)	4:00-8:00 PM		4:00-8:00 PM		9:00 AM-12:30
<b>E</b>	9:30 AM-1:30 (6/2: 4:30-8:30 PM)		4:00-8:00 PM			9:30 AM-1:30
<b>F</b>		4:30-8:00 PM		4:30-8:00 PM		9:30 AM-12:30
<b>G</b>		4:30-8:00 PM		4:30-8:00 PM		

**GROUP REMINDER:** Practice groups determine your practice **SCHEDULE (not your level)**. Groups are based on your CURRENT skill level and progressions.

Groups are **SUBJECT TO CHANGE AT ANY TIME**. Team families should be prepared for any possible group and/or schedule change.

**LEVEL REMINDER:** Levels are evaluated and officially determined late summer (approximately mid August). Each GYMNAST determines their own level based on their consistent skills, work ethic, and mental readiness. Always give 110% and you will always be a champion!

**TUITION REMINDER:** Tuition is due on or before the 15th of each month (paying ahead for the next month). *Late payments incur a \$20 late fee (no exceptions).*