



# 2023 WINTER 1 SESSION RECREATIONAL CLASSES

**X-TREME GYMNASTICS**  
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<b>REGISTRATION FOR WINTER 1:</b>	<b>Priority Registration: September 25 - 30, 2023</b> <b>Public: Opens Monday, October 2, 2023</b>
<b>WINTER 1 SESSION:</b>	<i>Closed Tues, Oct. 31 and Wed. 11/22-Sat. 11/25</i> <b>October 16-December 16 (8 wks, over 9 wks)</b>
<b>REGISTRATION FOR WINTER 2:</b>	<b>Priority Registration: November 27-Dec. 2</b> <b>Public: Opens Monday, December 4, 2023</b>

**FOLLOW US:**



CLASS INFO	TUES	WED	THURS	FRI	SAT
<b>Super Stars</b> <i>Introductory gymnastics class designed for ages 3-5.</i>	5:00-5:50 PM		5:00-5:50 PM		9:30-10:20 AM
<b>Beginner</b> <i>Introductory gymnastics class for ages 5 &amp; up. 5 year olds require coach recommendation from SS.</i>	6:00-6:50 PM	5:00-5:50 PM <b>Ages 5-8 only</b>	6:00-6:50 PM	5:00-5:50 PM	10:30-11:20 AM
<b>Intermediate 1</b> <i>Intermediate gymnastics class for ages 5 &amp; up. Coach recommendation required.</i>	6:00-6:50 PM	5:00-5:50 PM <b>Ages 5-8 only</b>	6:00-6:50 PM	5:00-5:50 PM	10:30-11:20 AM
<b>Intermediate 2</b> <i>Advanced intermediate class for ages 5 &amp; up. Coach recommendation required.</i>	7:00-8:20 PM		7:00-8:20 PM	6:00-7:20 PM	1:00-2:20 PM
<b>Advanced 1-3</b> <i>Advanced gymnastics class for ages 6 &amp; up. Coach recommendation required.</i>	7:00-8:20 PM		7:00-8:20 PM		1:00-2:20 PM
<b>Pre Team</b> <i>Invitation Only. Transitional program for our Competitive Team.</i>		6:00-7:20 PM			11:30-12:50 PM
<b>Tumbling</b> <i>Floor focused class catered to your skill level &amp; progressions. Round off required. Ages 6+</i>		7:30-8:20 PM			
<b>Open Gym</b> <i>Independent open practice with coach supervision. Ages 6-18.</i>	<i>During Open Gym, members &amp; non members practice independently under the supervision of our safety certified coaching staff. <b>Be sure to follow us on social media for upcoming Open Gym details!</b></i>				<b>SELECT SATURDAYS</b> <b>2:30-3:30 PM</b> <b>CASH ONLY</b>

*X-treme Gymnastics reserves the right to remove a class if a minimum class size is not met. Class days and times are subject to change. Please be sure to check our website for the most up to date schedule.*

# X-TREME GYMNASTICS POLICIES AND PROCEDURES

## REGISTRATION & TUITION POLICY

In order to register for a class you will need to turn in a Registration Form signed by a parent/guardian with your tuition payment. **The tuition payment must be made in full upon registration to secure your spot in class.** Tuition Rates may vary based on the number of weeks within the session. Closings due to holidays can be prorated from your tuition cost, unless you would prefer to make up the class. We are able to pro-rate you into a session late as long as there is still space in class. **To guarantee your spot, we recommended registering during the following times:**

- **Priority Registration** allows our currently registered families the chance to register for the next session one week before public registration opens! ***We highly recommend that current students to register at this time.***
- **Public Registration** allows everyone the chance to register for any available class. During this time, all classes are first come, first serve, regardless of prior enrollment.

<b>Winter 1 Tuition Rates for the FULL session (8 weeks, over 9 week session)</b>	
<b>50 minute classes</b> Super Stars, Beginner, Intermediate 1, Tumbling	<b>One class per week:</b> \$160 (for 8 weeks) <b>Two classes per week:</b> \$315 ( for 8 weeks)
<b>80 minute classes</b> Intermediate 2, Advanced 1-3	<b>One class per week:</b> \$240 (for 8 weeks) <b>Two classes per week:</b> \$475 (for 8 weeks)
<b>Pre Team (Invitation Only)</b>	<b>Two classes per week:</b> \$475 (for 8 weeks)

**PAYMENTS:** Tuition must be paid in full to secure your spot in class. Checks made payable to X-treme Gymnastics. Cash is also accepted. All credit and debit cards will incur a 3% processing fee. Returned checks will incur a \$30 fee.

## REFUND POLICY

**There are NO REFUNDS given for any reason.** Classes are non-transferable. There are no refunds for missed classes.

## CANCELLATION & MAKE-UP POLICY

**If you are unable to attend one of your scheduled classes due to an emergency or conflict you must inform us either by phone, email, or in person, a MINIMUM OF 24 HOURS PRIOR to the class you are missing.** This procedure is imperative to our make-up procedure, as we would need a cancellation in order to accommodate another child's make-up. **One make-up class per session** will be honored pending availability. **NO CALL/NO SHOW = NO MAKE-UP CLASS.** There are no refunds, transfers, rollovers, or credits for missed classes for any reason. If you do not schedule your make up within the current session, you will lose the class. **Class ratios are very important to us; therefore, your cooperation in following our cancellation and make-up policy is greatly appreciated.**

## WHAT TO WEAR & BRING TO CLASS

All female gymnasts must **wear a one-piece leotard** to class. For your safety, skirted leotards are prohibited due to equipment usage and spotting purposes. No tights or pants. Fitted spandex shorts may be worn over top your leotard (no baggy shorts and no shorts with ties, buttons or zippers). Male gymnasts, Tumbling, & Open Gym participants may wear athletic wear (fitted T-shirts, compression/tank tops, elastic waistband athletic shorts, etc). No socks or shoes. No loose jewelry. Hair should be pulled back out of face. Glasses must be secured with a safety strap. **All participants need to bring their own water.** There is NO drinking fountain. There is a vending machine in the waiting area.

## GYM CLOSINGS & INCLEMENT WEATHER POLICY

X-treme Gymnastics does close annually for most holidays. Recreational sessions with classes falling on these holidays can be prorated at the time of registration. X-treme Gymnastics does NOT close with the school districts, as the roads are usually cleared up by the time we open for evening classes. Always check our website and social media pages if you are uncertain. **IF NOTHING IS POSTED ONLINE, WE ARE OPEN.** If we close due to inclement weather, you will receive a make-up class; however, if we are open and you are a no call/no show then you would lose the class (see our cancellation and make up policy for more information).